

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Dec 2014/Jan 2015

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We are wrapping up the year with gratitude and looking to the festive season with anticipation and wonder. What will 2015 bring us? It will be difficult to beat the thrill and excitement of 2014 when the Tour de France came to Yorkshire...but new opportunities are just around the corner.

As we prepared this double edition we added extra pages for your amusement including a word search, dingbats, and the ever popular sudoku puzzles...Take time out and enjoy them with friends and family this month, maybe even host a games night! Nel from Damside Mill shares her Festive Florentine recipe with us...they are ever so easy to prepare; see page 4 for these jewel like treats.

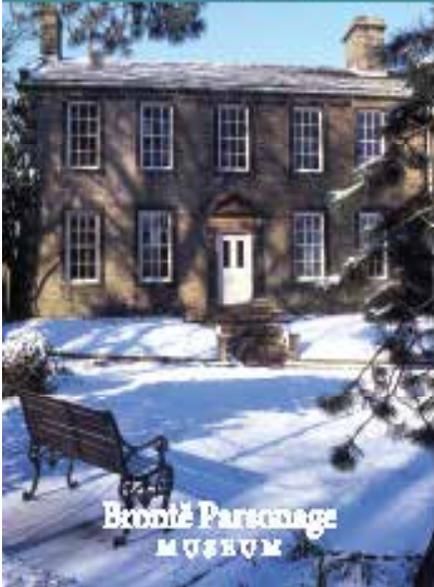
And when you have had enough feasting, turn to page 6 and head out for a walk around East Morton to blow those cobwebs away.

More joy!

Liz Barker editor



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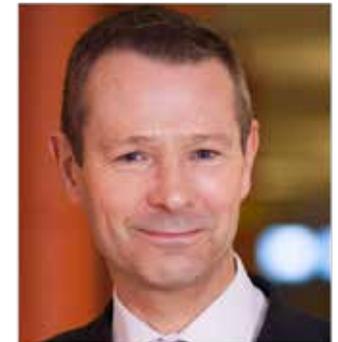
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Say you saw it in the Aire Valley Mag!

# Festive Florentines



A good pinch of salt  
 100g good quality chocolate  
 (one with orange in it is particularly good with the ginger)

## Method:

Heat your oven to gas mark 4 / 150-180. Line a baking tray with parchment paper (please do this, because they really can stick). Throw all of the fruit, nuts and flour in a bowl and mix until well coated in flour.

In a small pan, heat the butter and sugar together and allow to bubble furiously for a minute or two, but stir so they don't stick to the pan. Take off the heat, add the cream and salt, quick stir and pour on top of the fruit and nuts. Mix well so everything is coated in the toffee mix, and then put dessert spoon (or teaspoon if you want mini ones) sized dollops on the baking tray, flattening them as much as possible, and leaving space between them to spread in the oven (you might need to do them in two batches) Bake for 8-10 minutes until golden brown - they should all have changed colour, but the fruit shouldn't be too dark. At this stage, you can gently push any random edges back into a more pleasing shape.

Leave to cool on the baking tray. If they are too chewy for your taste, just reheat the oven and pop back in for a few minutes, covering the tops with parchment to stop them burning. Once completely cooled, melt the chocolate in a basin on top of a pan of hot water. Turn the Florentines over and one by one, put a dollop of chocolate on the bottom, and spread gently around the base. Now walk away from the Florentines and lick the bowl free of chocolate. **Enjoy!**

By Nel of Damside Mill [www.damsidemill.com](http://www.damsidemill.com).  
 We don't make cakes but we do make exceedingly good furniture!

A Florentine is just a mixture of the most delicious things in the culinary world, chopped up, baked in a toffee and coated in chocolate. What more indulgence could you ask for over the festive season?

They are remarkably easy to make at home, and make lovely gifts, wrapped in cellophane with a sparkly ribbon.

If you have people around who, like me, can't have wheat or gluten, the amount of flour is so small that it is easily replaced with either ground almonds or gluten free flour and no-one will ever know the difference.

## You will need:

- 2 heaped tablespoons of chopped mixed peel
- 2 tablespoons chopped crystallised ginger
- 5 tablespoons of interesting dried fruits
- 2 tablespoons of pistachio kernels, roughly chopped (walnuts, hazelnuts or pecans work fine too)
- 6 tablespoons of almonds, chopped lengthways and then toasted to bring out the flavour
- 1 tablespoon plain flour
- 2 tablespoons of butter (about 50g) if possible, not the spreadable butter
- 4 tablespoons brown sugar (any type works well)
- 1 tablespoon double cream



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# Explore East Morton, Sunnydale & the Glen

A hilly walk, through a mix of woodland and farmland starting at the centre of East Morton. Comfortable strong walking shoes/boots are recommended, with outdoor clothing to suit the season. A packed lunch is advisable.

*This walk is not suitable for pushchairs or wheelchairs and people with restricted mobility. Walk start point: Morton bus terminus, bus services 727/728/729 from Keighley/Bingley. Car parking is limited to on-street parking.*



With your back to the bus terminus turn right up Main Road turning immediately right into the village green. Follow the stone paved path through the gardens and up the steps at the rear out onto the junction of the two minor roads. Turn right up the second road on the right and continue up as the road changes to a narrow track. At the top of the incline continue following the track through the courtyard area of 'High Fold' and down a slight incline before bearing right to rejoin Main Road.

Turn left and first left up Green End Road, following it for 1/4 mile as it meanders between the houses eventually passing Morton Hall on the left. Round the corner beyond Morton Hall continue following the road up the slight incline, passing Lower Botany Farm on the left and Lakeside on the right.

After approximately 100yds at the gateway of a private drive to 'Moorfield', turn left off the road onto the public footpath and go over a stile into a field, follow the wall on the left across the field to a second stile. Once through the second stile continue to follow the wall on your left uphill to join a farm track at the wall corner.

Turn right up the track eventually going through a kissing gate next to a field gate. After a short distance the track divides, here take the track off to the left uphill at the side of the concrete reservoir overflow

turning right at the top to cross the metal footbridge onto the top of Sunnydale reservoir embankment. Cross the reservoir embankment and continue forward at the other end, to go up the steps of quite a steep banking. At the top of the steps the footpath divides, our route turns left to walk through the trees above Sunnydale reservoir and in front of a large pond. At the far end of the pond follow the well-defined path over the remains of a dry stonewall to turn right along the top edge of the woodland.

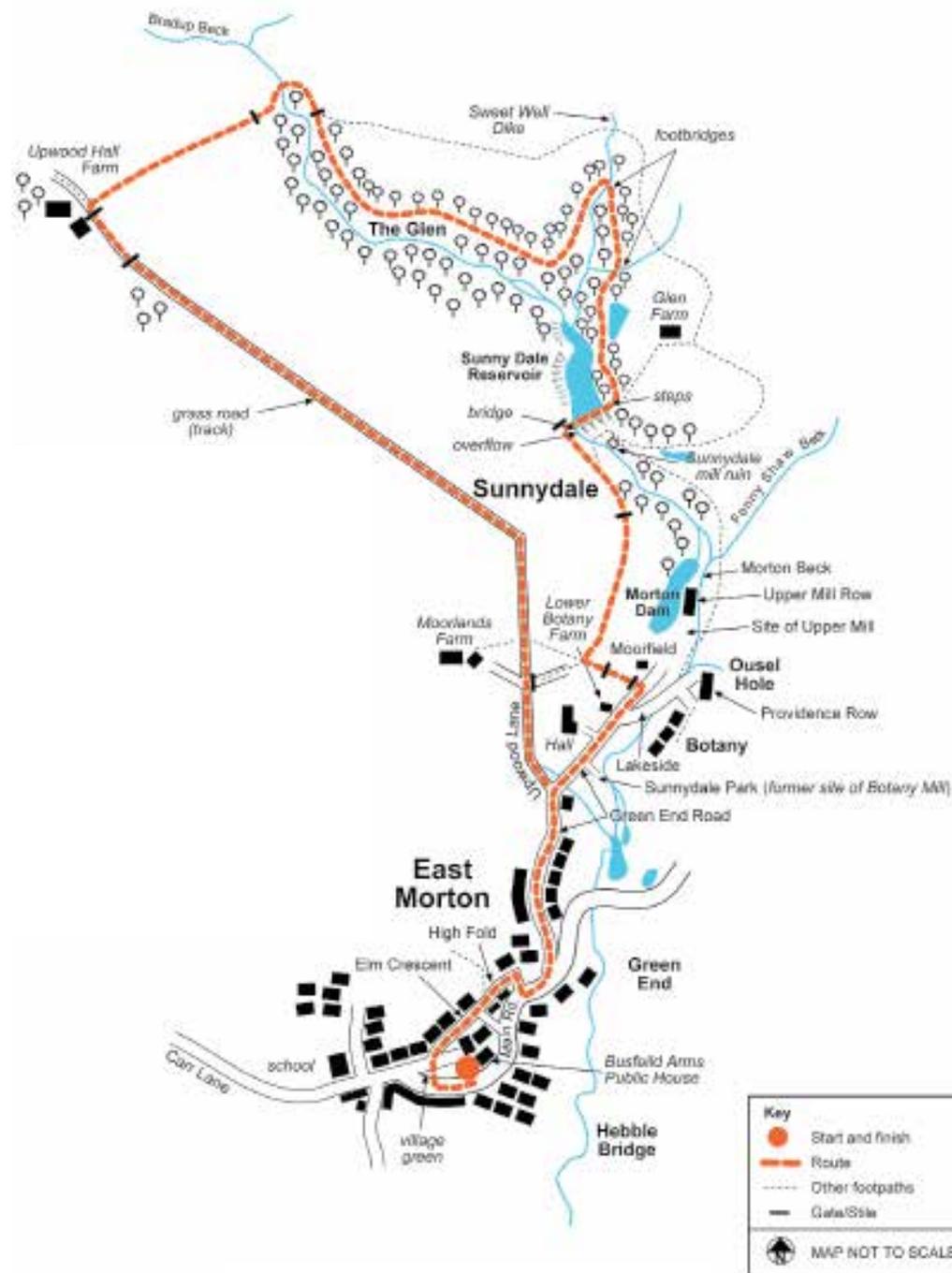
After a short distance the path starts to drop downhill, here great care should be taken as the steep, narrow path leads down to a footbridge. Cross the bridge and continue to follow the path eventually crossing a second footbridge before turning right again, keeping to the top edge of the woodland at a second broken down dry stonewall.

Continue to follow the well defined path over a third wall and walk straight on, eventually emerging out of the woodland at a field gate. Go through the gate onto the farm track turning left downhill, after only a short distance go through a second field gate and follow the farm track to the farm building ahead.

On reaching the building turn left through the stile at the side of the field gate on the left. Keeping the wall on your right, cross the field to go through a second stile, next to the gate at the far end of the field, into a double walled track. Follow this double walled track for quite some distance as it drops back down onto Green End Road, via Upwood Lane, to retrace your steps back through East Morton to your starting point.

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Nigmasht	STUN	
1	2	3
Spear Cottage Pepper Shepherd Garden Apple	TURKEY  SSSSSSSS	Tofrankuch
4	5	6
CCCCC FESTIVE		PPPPP Our planet
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Hello Spring! Hi Summer! Howday Autumn! Yot Winter	Night Night Night Night Night Night Night Night Night Night Night Night	MISTLETOE  XXX
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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY	ABCDEFGHIJKLMNPOQRSTUVWXYZ. ABCDEFGHIJKLMNPOQRSTUVWXYZ.	FIR Here Here Here Here
16	17	18

Answers on page 28

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# What Christmas Means to Me

by Nigel Wright, Vicar of Saint Mary's, Oxenhope



The retail advertisers certainly want to sell us the dream.

Yet I have always loved Christmas. It wasn't a church thing or a religious thing, my parents managed to raise me perfectly well without either. It wasn't money, we never had lots (but we always had plenty). I loved the lights, the decorations, the gifts, the food the drink and the parties. I still do! But there was something more...

It was the way people seemed to change, just for a while. There were feelings and emotions I couldn't describe. A little more patience and promise. Hope in a birth of a baby born poor. Laughter, excitement and sharing.

The world seemed to change, somehow, just for a while.

And now? As I see through the eyes of my children those feelings remain. There is a magic, a sparkle, a wonder.

As we gather as family and friends in our 21st century setting, those feelings and emotions (I couldn't describe) are with us again. Yes there are the hurts and the pain that all families have. The lost ones, the sick ones and the dead. Yet the peace and the joy are there if we choose it.

Through the wisdom of time I can see the faith we were raised in. It was a faith in a Christmas that means so much more. You see we need Christmas, more than it needs us! It is sacred and holy and full of delight. It is friendships, relationships, connections, and love.

**"Feigning joy and surprise at the gifts we despise over mulled wine with you" and so plays out the words from a 21st Century "Christmas Classic" by The Darkness. An ironic name from one of the few bands who have had a 21st century Christmas chart hit!**

"The Christmas song is dead!" "Christmas has no meaning anymore!" The Band Aid backlash and the countdown to Christmas reign on twitter with marketing gimmicks galore. "Christmas means company. Company means cleaning. This is my cleaning supply list..." How bad can it get?

"Bah humbug!" says Scrooge, taking us back a hundred and eighty years. And still it remains?

"Peace on earth, goodwill to all", naive piety or the desire for a harmonious humankind where all know love, joy and prosperity?

## Where in the Aire Valley? COMPETITION

Where is the red x located in the photo to the right? ?

This month's prize is generously donated by **Keighley & Worth Valley Railway**

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Last month's location was Phillip's in Keighley. The winner was Melissa Stodart of Keighley

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## COUNTRY COOKING & FORAGING FOR FOOD

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# Alternative Seasonal Flavours



**A while ago I read a very old recipe for rosehip tart, but it was very complex, and sounded like you would need a lot of patience to hull all the rosehips in order to use**

**the outside skin and flesh without the pips (which are attached to the hairs that make itching powder!). But I really liked the idea of making a tart using the flavours of rosehip, because they are so delicious, so I have decided to make up my own recipe.**

This tart has a sweet, crumbly pastry and an egg custard filling sweetened with rosehip syrup, contrasting with apples if you can't find any of the crabby sort left! Rosehip syrup is very rich in vitamin C, and this is the time of year to make it because you collect the rosehips after they have been 'bleated' or softened by the first frost. I drink it as a cordial instead of taking vitamins, and it has a lovely unusual Christmassy taste. See my recipe for the syrup in the earlier edition of this magazine – or contact me (see below) if you no longer have it!

So this Christmas recipe is a nice combination of using up autumn fruit and looking into winter with the red of rosehips. I am going to experiment with the rosehip syrups this year, to see if I can make one with a little spice to it too (clove or cinnamon, I think). This, added to the

tart, could enhance the seasonal aromas wafting around the kitchen. Alternatively, stick a vanilla pod and other spices in your sugar several days before use, which should add just that subtle touch of spice that will marry well with the rosehip.

### Making the tart:

#### Pastry:

200g plain flour sifted,  
100g cold butter cut into cubes,  
1 dessert spoon sugar,  
1 dessert spoon ground almonds,  
around 1 beaten egg,  
baking paper.

#### Oven: 180°C/ gas 4.

Make your pastry by rubbing the butter into the dry ingredients. Keep everything as cold as possible and rub in until you have breadcrumb consistency with a few big 'crumbs'. Slowly add the egg, bringing the crumbs together; as soon as it becomes a ball while still quite crumbly, stop adding egg. Wrap this ball in baking paper and put in the fridge for at least 30 minutes. I roll my pastry out in between 2 layers of baking paper so that I can handle it when crumbly. Roll until only a few millimeters thin, then place in your pie tins. You should not need to grease the tin because of all the butter! Fridge the pastry again, blind bake until you have a nice dry bottom. Then paint on a layer of egg white if you like, and bake until dry. This will seal the pastry.



### For the filling:

Beat 4-6 eggs, depending on the size of your tin (or tins). For every 1 egg I added 50ml cream and 50ml rosehip syrup. I used 3 eggs and 150ml cream and 150ml of rosehip syrup, mixed this together and got nearly a pint of liquid. This filled my larger pie tin and 3 individual ones. Slice some apples or crabapples at the last minute. Line the inside of your pastry cases with a few rows of apple slices around the edge, so that some of the apple

will be exposed once you pour in the egg syrup. I took the skins off a few large rose hips, being careful to remove all the itchy hairs inside, so that I could have a few red blobs in the centre of my pies. Pour in the mixture, bake until no longer liquid (this took some time for the large tin). It will go quite brown. Serve with an interesting ice-cream (see my Facebook page for my gorse flower ice cream recipe). And enjoy the seasonal aroma!

**Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses; such as cooking on a budget and outdoor foraging and cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at [www.facebook.com/foragercathyorkshire](http://www.facebook.com/foragercathyorkshire)**

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Craig and Kathy would like to welcome customers old and new to the Goats Head this Christmas and New Year!  
Craig and Kathy took over as proprietors in August 2013, and have enjoyed a successful year in Steeton. The Goats Head is a popular pub serving four real ales with live bands playing monthly, karaoke every Sunday from 6 and darts and dominoes teams during the week. There is a beer garden with smoking shelter to the rear, and a cosy open fire inside. Families and dogs are both welcome... we hope to see you soon!

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# Daddy, My Daddy - *Remembering 'The Railway Children'*

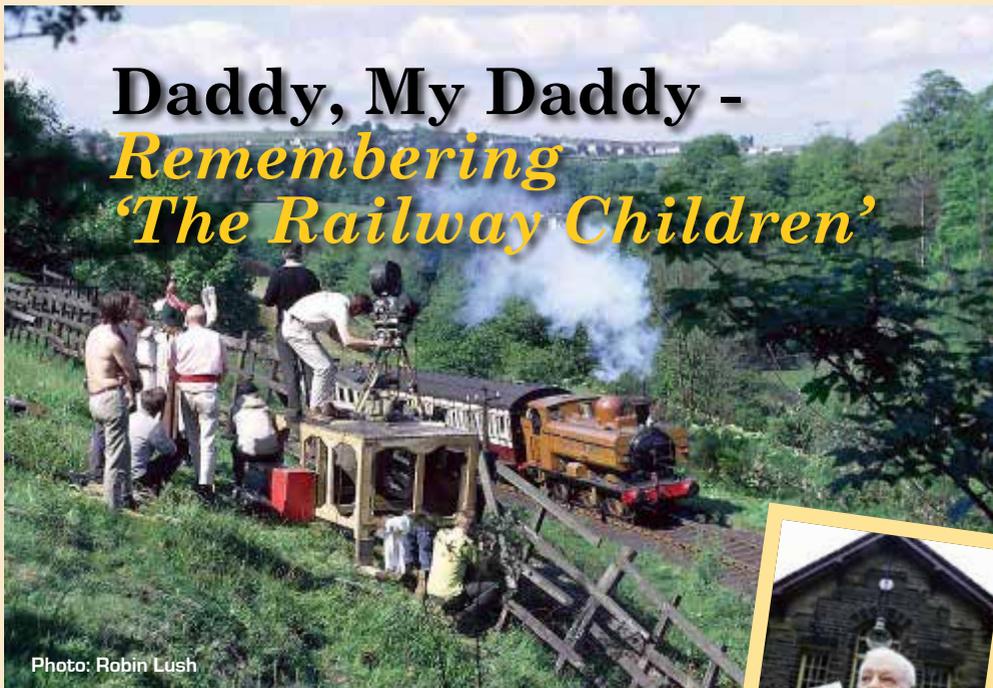


Photo: Robin Lush

*During the glorious summer of 1970, Lionel Jeffries and his team came to the Worth Valley to work on a new film adaptation of E. Nesbit's novel 'The Railway Children'.*

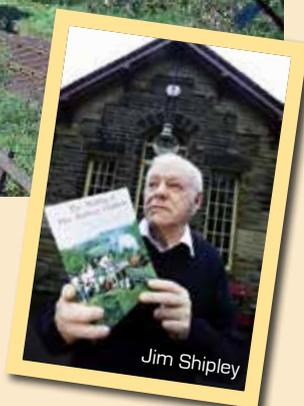
The newly re-opened Worth Valley Steam Railway, with its period locomotives, carriages and stations, provided the ideal location, and many local people were called upon to work as 'extras' alongside the stars. The film went on to become a much loved classic and put both the Railway and the Worth Valley firmly on the map.

Now forty five years on, the Worth Valley Railway is publishing a new edition of its best selling book 'The Making of The Railway Children'. Originally published in 2010 to coincide with the film's fortieth anniversary, Jim Shipley's 'behind-the-

scenes' book about the making of this famous film has been further expanded and updated to include even more information, pictures, gossip, and a few surprises. Jim has had access to the extensive film company archive and has been able to call upon the memories of local 'extras' and the many railway volunteers who were involved in the filming. This book contains photographs and recollections from local people and railway volunteers who were actually there and helped make it all happen.

**Among the books many revelations are:**

- GARY WARREN - the young actor who played 'Peter' reveals what really happened after the film - it will surprise you



Jim Shipley



Photo: Canal + Image UK Ltd

- DINAH SHERIDAN - Her personal letter of thanks to a Railway Volunteer, and revelations about her shock souvenir from the film
- LIONEL JEFFRIES - his memorable conversation with a lineside pig
- DADDY MY DADDY - How 'Daddy' nearly caught the wrong train
- JENNY AGUTTER - what her little blackboard really said
- THE LANDSLIDE - how it all happened
- RICHARD BRANSON - discover who went on to work with Richard on his record breaking Transatlantic balloon and power boat epics.
- CLEANING UP - how a local street sweeper accidentally became a film star
- TOCC - how members of the top pop group got involved with 'The Railway Children'
- THE 'EXTRAS' - local people tell their story

The previous edition of the book drew plaudits from many of the stars and from film and tourism journalists, and went on to become one of the KWVR's best selling publications.

**The new updated and enlarged third edition of 'The Making of The Railway Children' will be available from all KWVR shops and also online from mid January 2015, price £5.95.**

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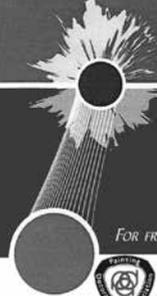
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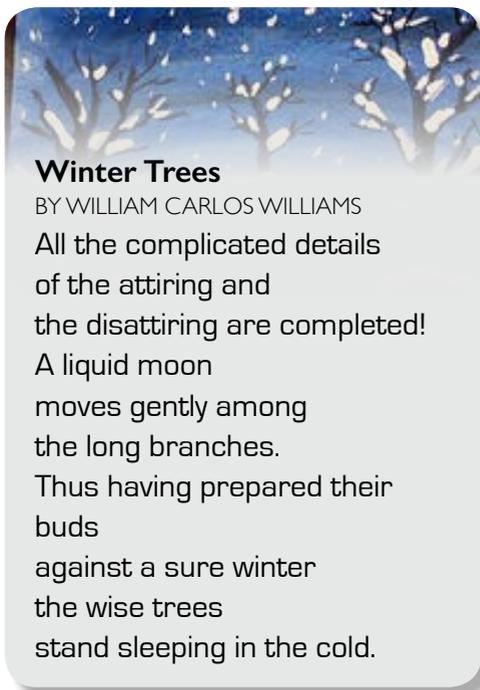
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**Lines: The cold earth slept below**

BY PERCY BYSSHE SHELLEY

The cold earth slept below;  
 Above the cold sky shone;  
 And all around,  
 With a chilling sound,  
 From caves of ice and fields of snow  
 The breath of night like death did flow  
 Beneath the sinking moon.

The wintry hedge was black;  
 The green grass was not seen;  
 The birds did rest  
 On the bare thorn's breast,  
 Whose roots, beside the pathway track,  
 Had bound their folds o'er many a crack  
 Which the frost had made between.

Thine eyes glow'd in the glare  
 Of the moon's dying light;  
 As a fen-fire's beam  
 On a sluggish stream  
 Gleams dimly—so the moon shone there,  
 And it yellow'd the strings of thy tangled hair,  
 That shook in the wind of night.

The moon made thy lips pale, beloved;  
 The wind made thy bosom chill;  
 The night did shed  
 On thy dear head  
 Its frozen dew, and thou didst lie  
 Where the bitter breath of the naked sky  
 Might visit thee at will.

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**Dec until 11th Jan Small World Postcards of Keighley at Cliffe Castle Museum.** The exhibition features paintings of Keighley created by the public, community groups, schools and youth groups. This exhibition celebrates the town of Keighley through the eyes and brushes of those that live and work there. For further details see [www.bradfordmuseums.org](http://www.bradfordmuseums.org)

**Every Friday Tea n Coffee at the East Morton Institute 8.45am-9.45am.** Call in at the School Brew and catch up in comfort. Cost is just £1 with biscuits and free refills.

**Keighley Astronomy Society** Meetings are held on the **FOURTH WEDNESDAY** of every month at 6.30pm at Civic Center on North Street Keighley. The meetings include programs presented by members or guest speakers, covering what can be observed during the coming month in the night sky

**Sat 6th & Sun 7th Dec Haworth Christmas Victorian Weekend.**



**Sun 7th Dec Ingrow Station 11am - 3pm.** Come and experience some traditional Christmas activities in the magical railway setting off from Ingrow Station. This year Father Christmas has entrusted us with one of his special letter boxes that is linked directly to the North Pole so you can write your letter telling him how good you've been and what you'd really like for Christmas. This event is free. Ingrow Station, South Street, Keighley.

**Mon 8th Dec - Sat 13th Dec 7.30pm Keighley Playhouse - When we are**



**Married - Victorian Comedy** by JB Priestley. Box Office 07599 890769  
**Weds 10th - Sat 13th Dec Sutton's Green Hut Theatre Company** Traditional Annual Pantomime **Dick Whittington** at the Village Hall. Main Street Sutton at 7.15pm [Saturday Matinee 2.15pm] Admission. Adults £7.00 Concessions £6.00. Any 4 tickets for same performance £24.00 Tickets available from Box Office 01535 632289.

**Fri 12th Dec 7pm Bronte Parsonage Museum** £15 Parsonage by night includes mulled wine & mince pies.

**Sat 13th & Sun 14th Torchlight Procession Weekend at Main Street, Haworth.** Saturday is Candlemas Eve - Santa & Mrs Claus lead the torchlight procession down Main Street accompanied by the Holly Queen, Morris dancers, choirs, bands. Carol singing around Christmas tree at bottom of Main Street. The famous Sunday Torchlight Procession sees hundreds of torch and lantern bearers along with choirs and bands singing carols, wind their way up from the bottom of the cobbled Main Street to the Parish Church. Torches will be on sale at various points on Main Street. Musical entertainment both days.

**Sat 13th & Sun 14th Christmas at the Parsonage.** Festive readings, guided walks & drop in crafts. 01535 642323.

**Sat 13th, 20th & Sun 14th, 21st Santa Specials at Shipley Glen. 12 noon - 4.30pm.** Meets Santa & receive a gift with a return trip on the Tram. No need to book just turn up on the day. The trip will take approx 45 minutes in all.

**Sat 13th & Sun 14th Dec Santa's Grotto at East Riddlesden Hall.**

**Sat 20th Dec The Ice Post Box at City Park Bradford. 11am - 1.30pm Free Entry.** See Bradford artist, Jamie Wardley and his team from Sand In Your Eye, carve a magical winter wonderland from ice. Write your letters to Santa with the help of Santa's Chief Elf and origami artists and post them in the enchanted Ice Post Box after you watch the beautiful ice sculptures emerge.

**Sun 21st Dec Family Pantomime Robin Hood 12noon at The Hub Steeton.** £5 per person, £15 family of 4. Pre booking adviseable 01729 825944.

**Mon 22nd Dec 6.30pm Carols by Candlelight at Keighley Shared Church.** The service will be conducted by Revd Dr Jonathan Pritchard.

**Thurs 25th Dec FREE local bus service in Keighley.** Celebrate Christmas with a free to users local bus ride around Keighley! This will be available on Christmas Day



and will serve Oakworth, Fell Lane, Braithwaite, Guard House, Ingrow and Utley. For more info ring KBMT 01282 413179

**Fri 26th - Sun 4th Jan Keighley & Worth Valley Railway Mince Pie Specials.** Travel in our toasty, Yuletide carriages as our festive journey continues into the New Year. See our stunning stations transformed with an amazing Christmas display, real coal fires and gas lights, creating a magical glow as your train rolls in.  
**Sun 28th Dec Keighley Model Railway Club Open Day 10am - 4.30pm** at Clubrooms, 3rd Floor, Keighley Business Centre, Knowle Mills, South Street, Keighley. [www.keighley-mrc.org.uk](http://www.keighley-mrc.org.uk)

**Weekly starting Mon 12th Jan Fun FREE Cookery Classes at Airedale Church Centre, North St, Keighley, BD21 3AF.** Coffee at 9.30am and the class will start at **10am until**



**Midday** when you can eat and enjoy what you have cooked. Everyone welcome. **Free Creche.** More info contact Forager Cath Bromwich 01535 652278.

**Sat 24th - Sat 31st Jan Pantomime Cinderella** Keighley Amateur Operatic Society at Victoria Hall, Keighley. More info [www.keighleyamateurs.com](http://www.keighleyamateurs.com)

**Mon 26th Jan - Sat 31st Jan 7.30pm Keighley Playhouse - The Fox on the Fairway.** Comedy by Ken Ludwig. Box Office 07599 890769.



## East Morton's War Memorial Institute

**This years centenary of the start of World War One has been an important time for East Morton's War Memorial Institute.**

The building has a rich history and played several roles for the village. It began life as a Methodist Chapel then in 1846 was converted for use a "British Day School" continuing until 1872. After this "little use was made of the building, beyond the occasional use of it for pubic auction sales.

Since about the year 1885 it has been used continuously, and for various purposes, such as the meetings of the Mutual Improvement Society; of the cricket and football club committees and of the Adult Temperance Society etc". In 1897 application was made to the charity commission to transfer responsibility for the building to the Parish Council so that it "be used either free of charge or in consideration of the payment of such sums as they think fit, for lectures or evening classes or other like educational purposes for the benefit of the inhabitants of the Township of Morton".

At the end of WW1 the Peace Celebrations Committee identified the building as a potential Memorial Institute

and raised around £2,000 from villagers for its conversion. There were problems along the way, the original architects JB Bailey & Son being released for being unable to bring in the project anywhere near budget. For example their original design for the front of the institute to form the memorial brought a stonemason's estimate of £1,200. Clearly with extensive internal building work to be done to form billiard and reading rooms the external design had to be drastically down scaled. Unfortunately no copy of the original design is within our records. The work was completed and the building officially re-opened in 1922. Then building was extended to the rear during its 50th anniversary year and so for nearly one hundred years this building has been the focus for village clubs, classes and celebrations.

What a wonderful legacy for those who gave so much and even their lives during the Great War that this living memorial goes from strength to strength. Continually being developed and invested in, the snooker room has been refurbished this summer into a glorious new multifunction meeting room, the Institute is busier now than ever and enjoyed by the whole community.

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5	1	7	3	2	8	4	6	9
6	4	3	1	7	9	8	2	5
2	9	8	5	4	6	1	7	3
3	5	2	9	8	1	7	4	6
4	7	6	2	3	5	9	1	8
9	8	1	7	6	4	5	3	2

4	2	3	5	6	1	9	7	8
9	6	1	7	2	8	5	4	3
8	7	5	4	9	3	2	6	1
7	3	8	9	5	6	1	2	4
5	9	4	1	8	2	6	3	7
6	1	2	3	7	4	8	9	5
1	5	7	2	4	9	3	8	6
2	4	6	8	3	5	7	1	9
3	8	9	6	1	7	4	5	2

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Include your business in this directory or share an interesting local story. Poets, writers, & creatives are encouraged to submit their work for publication. Contact Liz or Jo. 01535 642227

## Barrell of Laughs Christmas Jokes

**Q. Why don't you ever see Father Christmas in hospital?**

**A. Because he has private elf care!**

**Q. When is a boat like a pile of snow?**

**A. When it is adrift!**

**Q. What athlete is the warmest at Christmas?**

**A. A long jumper!**

**Q. What do angry mice send to each other at Christmas?**

**A. Cross mouse cards!**

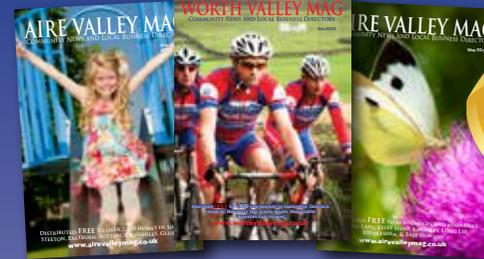
**Q. Who hides in the bakery at Christmas?**

**A. A mince spy!**

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